

FOR 7th GRADE ONLY

Dear Plato Academy Largo Parents and/or Guardians:

Your 7th grade student's health class will be studying and discussing the chapter on growth and development during this school year. The topics include adolescence, human reproduction, heredity, and the life cycle. Questions your child will consider include: What physical, mental/emotional, and social changes take place during adolescence? How do hormones affect growth and development? What are the jobs of the male and female reproductive systems? How is an egg cell fertilized? How does a developing unborn baby receive nutrients and oxygen? With your help, your student will explore these topics with confidence and find answers that will provide information for making healthful choices. Your participation in the exploration of these topics is vital.

To support and extend our classroom work, please set aside some time during the next few weeks to complete one or more of the following activities with your child.

- Share your family health history, including any conditions or traits that may be inherited. Does your child think he or she has inherited any traits from you?
- Talk in positive ways about the physical and mental/emotional changes your child has been going through. Tell him/her stories about yourself as you went through adolescence.
- Help your child understand the process of fertilization and development of a fetus by looking in medical and/or health textbooks. Allow your child to ask you questions, and answer them as directly as possible. Please engage in other activities that you feel will help your child understand growth and development.

Please send me an email if you are not comfortable with this subject matter being discussed in class and we can make other arrangements. Thank you for your attention. And as always, feel free to contact me with any questions or concerns.

Sincerely,

Coach Rob
cormanr@platoacademy.net
PE & Health Teacher
Plato Academy Largo

Plato Academy Vision:

The Plato Academy family empowers all learners to exceed expectations.

Our Mission:

The mission of the Plato Academy Charter Schools is to assist students in achieving their full potential by requiring and nurturing high academic and behavioral standards in a safe, supporting, challenging and enthusiastic environment, providing a well-rounded K-8 education fortified by a study of the Greek language and culture, and fostered by a commitment and cooperative effort among the school, students, parents, and community: our family.